

**A Report  
on  
Health Checkup camp**

**Jointly Organized**

**By  
Department of Microbiology and NSS  
Indira Gandhi (Sr.) College, CIDCO  
New Nanded**

**23<sup>rd</sup> July 2025**

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**Objectives of the health checkup camp**

The main objectives of a health check-up camp are to promote early disease detection, raise health awareness, provide basic healthcare services, and encourage preventative care. The detailed objectives are

**1. Early Disease Detection:**

- Health check-up camps facilitate the identification of potential health issues, such as diabetes, hypertension, and heart disease, before they become severe.

**2. Health Awareness and Education:**

- Camps provide a platform to educate individuals about various health-related topics, including hygiene, nutrition, and disease prevention.

**4. Promotion of Preventive Care:**

- Camps emphasize the importance of regular check-ups and screenings as a means of preventing illnesses.

**5. Community Engagement and Empowerment:**

- Health camps foster a sense of community by bringing people together for health-related activities.

**6. Referral and Follow-up:**

- Camps may include referrals to specialized healthcare providers for further diagnosis or treatment of identified health issues



## **Services provided in health checkup camp and their importance**

Following health services were provided in health checkup camp

### **1.Blood group determination:**

- Blood group significance lies primarily in blood transfusions, organ transplantation, and forensic science.
- It helps determine compatibility for safe blood transfusions and organ transplants, preventing potentially fatal reactions.
- Forensic science utilizes blood typing for individual identification.
- Understanding blood groups also plays a role in managing certain medical conditions and during pregnancy to prevent complications

### **2.Blood sugar determination:**

- Blood sugar determination, also known as blood glucose testing, is crucial for managing diabetes and identifying related health issues.
- Blood glucose monitoring provides immediate feedback on how diet, exercise, and medication affect blood sugar levels
- Regular testing helps identify dangerously low (hypoglycemia) or high (hyperglycemia) blood sugar levels, allowing for prompt action to prevent emergencies

**3.Blood pressure determination:** Blood pressure determination is crucial for assessing overall health, especially in detecting hypertension (high blood pressure), which often lacks noticeable symptoms

- High blood pressure often has no symptoms, making regular blood pressure checks essential for early detection.
- Hypertension is a major risk factor for heart disease, stroke, and other cardiovascular problems.
- Blood pressure measurements are vital for evaluating the effectiveness of medications and lifestyle changes designed to manage high blood pressure.



## Inauguration of the health check up camp

Health check up camp was organized on the occasion of Lokmanaya Tilak Jayanti on 23.07.2025 Principal Dr. Durgesh Ravanade guided for the programme. Health check up camp was inaugurated by the auspicious hands of Shri. Udayrao Ji Nimbalkar Sir (Treasures, SSBES). Dr Ravsaheb Shendarkar (Joint-Secretary, SSBES) was also present during the event.

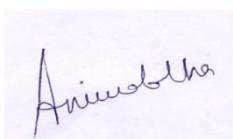
Both these dignitaries appreciated the efforts taken by Prakash Sonkamble and Vikrant Kamble, students of department of microbiology who checked different health parameters of health like BP and blood sugar.

Initially they checked BP and Blood sugar of Shri. Udayrao Ji Nimbalkar Sir (Treasures, SSBES). Dr Ravsaheb Shendarkar (Joint-Secretary, SSBES). Later all the faculty members of Indira Gandhi Sr. College were got checked with their BP and blood sugar. All the non-teaching staff also got checked with their BP and blood sugar. All the students present during the programme also availed this service. A total of 49 participants took benefit of the health check up camp

  
Dr. Mirza S.B.  
Director  
Internal Quality Assurance Cell  
Indira Gandhi (Sr.) College,  
CIDCO, New Nanded. (M.S.)

  
Principal  
Indira Gandhi (Sr.) College  
CIDCO, New Nanded-431603.



  
Anubalha

Head  
Department of Microbiology

## List of participants in health checkup camp

Indira Gandhi (Sr.) College, CIDCO, New Nanded Health Checkup Camp Jointly organized by Department of Microbiology and NSS Date: 23 <sup>rd</sup> July 2025 Time: 11 a.m.			
List of the participants			
Sr.No	Name	Class	Sign
1.	Payal Patelwar	B.Sc II Y.E	Payal
2.	Gangasagar Sangewar	B.Sc II Y.E	Sangewar
3.	Kolsatwar Vaishnavi	B.Sc II Y.E	Vaishnavi
4.	Supriya Mane	B.Sc II Y.E	Supriya
5.	mohini Kamble	B.Sc II Y.E	mohini
6.	Takshashila shivborkar	B.Sc II Y.E	Takshashila
7.	Manisha Sonasale	B.Sc II Y.E	Manisha
8.	Vedika Shinde	B.Sc II Y.E	Vedika
9.	Hanshwaran Sonawale	B.Sc II	
10.	Rani Shinde	B.Sc III Y.E	Rani
11.	Vidya Ugale	B.A.S.Y	Vidya
12.	Durgeshwar Suparkar	B.A.S.Y	Durgeshwar
13.	Graidewar Rauphi	B.Sc S.Y	Rauphi
14.	Pastpurse Bhogwat N.	Faculty	
15.	R. C. Mankar	Faculty	
16.	A. R. Jositambh	Faculty	
17.	N. D. Kamble	Other	
18.	Gihayal Sandipan Baburao	Nanded	
19.	Pedudar S.N.	1897 Prof NSS	
20.	Sarkhele Pandur Govind	Faculty	
21.	Madao the Saurav Bhilav	Other	
22.	Shivkhan Tofik R. R.	Nanded	
23.	Takore B. L.	Faculty	
24.	Destmukh S. M.	Asst.Teacher	
25.	Happuinde S. K.	Asst.Teacher	
26.	Santoshwaranit Gavhankar	Lab. Att.	
27.	Purneshwaranit Gavhankar	Watchman	
28.	Naewade Shital Ganap	Student	Shital

Sr.No	Name	Class	Sign
29.	Tanuja Vithal Graikwar	Student	Tanuja
30.	Shriya S. S. Gavhankar	Asst.Teacher	Shriya
31.	Nandedkar P. T. Gavhankar	Asst.Teacher	
32.	Daromod N. D.	Asst.Teacher	
33.	More D. M.	Asst.Teacher	
34.	Dhutraj Nisha Balaji	Student B.Sc	
35.	Ghatotkach Bhagyashri	Student B.Sc	
36.	Chandrapore Sharad	Student B.Sc II	
37.	Shinde P. B.	Student B.Sc II	
38.	Palage S. S.	Asst.Teacher	
39.	Wadade J. B.	Asst.Teacher	
40.	Glande G. A.	Faculty	
41.	Kukutilla S. N.	Lab. Asst.	
42.	Patale S. V.	In. Clerk	
43.	Bhosle C. M.	Catering	
44.	M.D. Ajpekar	Guest Lecture room	
45.	Shinde S. D.	Student	
46.	Gonesh B. Jadhav	X student	
47.	Kothade S. D.	Asst.Teacher	
48.	Velawade S. S. T.	Lab. Att.	
49.	Kamble Sunil D.	Student	
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## Photographs



Inauguration of health check up camp by Shri. Udayrao Ji Nimbalkar Sir (Treasures, SSBES)



Health check up of chief guest and inaugurator by students of microbiology





Health checkup of Dr. Bhagwat Pastapure



Health checkup of Dr. R.B.Patil





Health Checkup of Mr. Prakash Hambarde (non-teaching staff )



Blood Sugar checkup of students





### Blood Pressure checkup of students



### Blood Pressure check up of students



उद्याचा  
**मराठवाडा**

## लोकमान्य टिळक हे कर्ते सुधारक : प्राचार्य डॉ. शेंदारकर



नवीन नांदेड (प्रतिनिधी) – स्वातंत्र्य मिलविण्यासाठी ज्या ज्या महानवांनी आपले आयुष्य राष्ट्रसाठी अर्पित केले त्यात लोकमान्य टिळकांचे नाव अग्रक्रमाने घावे लागते. ते फक्त बोलके समाजसुधारक नव्हते तर ते कर्ते सुधारक होते. हा आदर्श आपण सर्वांनी घ्यावा, असे प्रतिपादन संस्थेचे सहसचिव, प्राचार्य डॉ. रावसाहेब शेंदारकर यांनी केले.

श्री शारदा भवन एज्युकेशन सोसायटी संचालित इंदिरा गांधी वरिष्ठ महाविद्यालय सिलडिको नांदेड येथे लोकमान्य टिळक यांच्या जयंतीनिमित्त प्रमुख अतिथी म्हणून ते बोलत होते. याप्रसंगी व्यासपीठावर संस्थेचे कोषाध्यक्ष अॅड. उदयराव निबाळकर, महाविद्यालयाचे प्राचार्य डॉ. हुंगेरा रवंदे, इतिहास विभागप्रमुख डॉ. जी.एस. पाटील, डॉ. भागवत पस्तापुरे, डॉ. विशाल मर्सके उपस्थित होते.

यावेळी अॅड. उदयराव निबाळकर म्हणाले की, स्वराज्य माझा जन्मसिद्ध हवक आहे आणि तो मी मिठविणारच हे घोषवाच्य लोकमान्य टिळकांनी लोकप्रिय केले. तुरळगात असलाना त्यांनी लिहिलेले ‘गीतारहन्त्या’ हा ग्रंथ आपणास प्रेरणादायी आहे, असे ते यावेळी म्हणाले.

याच कार्यक्रमात महाविद्यालयाची माजी विद्यार्थिनी ज्योती पाटणकर हिची महसूल सहाय्यकपदी निवड झाल्याबहुल मान्यवरांच्या हस्ते सत्कार करण्यात आला. लोकमान्य टिळक यांच्या जयंतीनिमित्त सूक्ष्मजीवशास्त्र विभागाच्या (प्रा. अनिलद्दू असरतांभ ) वतीने आरोग्य तपासणी शिविर आयोजित करण्यात आले होते. कार्यक्रमाचे सूत्रसंचालन डॉ. विशाल मर्सके व डॉ. केदार सोळुके यांनी केले. कार्यक्रमास महाविद्यालयातील सर्व शिक्षक व शिक्षकेतर कर्मचारी आणि विद्यार्थी उपस्थित होते.

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