

**A Report
on
Health Checkup camp**

Jointly Organized

**By
Department of Microbiology and NSS
Indira Gandhi (Sr.) College, CIDCO
New Nanded**

23rd July 2025

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Objectives of the health checkup camp

The main objectives of a health check-up camp are to promote early disease detection, raise health awareness, provide basic healthcare services, and encourage preventative care. The detailed objectives are

1. Early Disease Detection:

- Health check-up camps facilitate the identification of potential health issues, such as diabetes, hypertension, and heart disease, before they become severe.

2. Health Awareness and Education:

- Camps provide a platform to educate individuals about various health-related topics, including hygiene, nutrition, and disease prevention.

4. Promotion of Preventive Care:

- Camps emphasize the importance of regular check-ups and screenings as a means of preventing illnesses.

5. Community Engagement and Empowerment:

- Health camps foster a sense of community by bringing people together for health-related activities.

6. Referral and Follow-up:

- Camps may include referrals to specialized healthcare providers for further diagnosis or treatment of identified health issues



Services provided in health checkup camp and their importance

Following health services were provided in health checkup camp

1.Blood group determination:

- Blood group significance lies primarily in blood transfusions, organ transplantation, and forensic science.
- It helps determine compatibility for safe blood transfusions and organ transplants, preventing potentially fatal reactions.
- Forensic science utilizes blood typing for individual identification.
- Understanding blood groups also plays a role in managing certain medical conditions and during pregnancy to prevent complications

2.Blood sugar determination:

- Blood sugar determination, also known as blood glucose testing, is crucial for managing diabetes and identifying related health issues.
- Blood glucose monitoring provides immediate feedback on how diet, exercise, and medication affect blood sugar levels
- Regular testing helps identify dangerously low (hypoglycemia) or high (hyperglycemia) blood sugar levels, allowing for prompt action to prevent emergencies

3.Blood pressure determination: Blood pressure determination is crucial for assessing overall health, especially in detecting hypertension (high blood pressure), which often lacks noticeable symptoms

- High blood pressure often has no symptoms, making regular blood pressure checks essential for early detection.
- Hypertension is a major risk factor for heart disease, stroke, and other cardiovascular problems.
- Blood pressure measurements are vital for evaluating the effectiveness of medications and lifestyle changes designed to manage high blood pressure.




Inauguration of the health check up camp

Health check up camp was organized on the occasion of Lokmanaya Tilak Jayanti on 23.07.2025 Principal Dr. Durgesh Ravanade guided for the programme. Health check up camp was inaugurated by the auspicious hands of Shri. Udayrao Ji Nimbalkar Sir (Treasurer, SSBES). Dr Ravsaheb Shendarkar (Joint-Secretary, SSBES) was also present during the event.

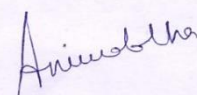
Both these dignitaries appreciated the efforts taken by Prakash Sonkamble and Vikrant Kamble, students of department of microbiology who checked different health parameters of health like BP and blood sugar.

Initially they checked BP and Blood sugar of Shri. Udayrao Ji Nimbalkar Sir (Treasurer, SSBES). Dr Ravsaheb Shendarkar (Joint-Secretary, SSBES). Later all the faculty members of Indira Gandhi Sr. College were got checked with their BP and blood sugar. All the non-teaching staff also got checked with their BP and blood sugar. All the students present during the programme also availed this service. A total of 49 participants took benefit of the health check up camp


Dr. Mirza S.B.
Director
Internal Quality Assurance Cell
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CIDCO, New Nanded. (M.S.)


Principal
Indira Gandhi (Sr.) College,
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Head
Department of Microbiology

List of participants in health checkup camp

Indira Gandhi (Sr.) College, CIDCO, New Nanded

Health Checkup Camp

Jointly organized by

Department of Microbiology and NSS

Date: 23rd July 2025

Time: 11 a.m.

List of the participants

Sr.No	Name	Class	Sign
1.	Patil Patewat	B.Sc II yr	Patil
2.	Gangasagar Sangewar	B.Sc II yr	Sangewar
3.	Kolsatwar Vaishnavi	B.Sc III yr	Vaishnavi
4.	Sunita Menre	B.Sc II yr	Sunita
5.	Mohini Kamble	B.Sc II yr	Mohini
6.	Takshashila Shubhakar	B.Sc III yr	Takshashila
7.	Manisha Sonasale	B.Sc III yr	Manisha
8.	Neelika Shinde	B.Sc III yr	Neelika
9.	Hanshraman Jonskhule	B.Sc II	Hanshraman
10.	Rani Shinde	B.Sc III yr	Rani
11.	Vidya ugale	B.A.S.Y	Vidya
12.	Durgeshwar Supekar	B.A.S.Y	Durgeshwar
13.	Gaddewar Ruphi	B.Sc 3y	Ruphi
14.	Pastphar Bhagwat N	Faculty	Pastphar
15.	R. A. Mekar	Faculty	R. A. Mekar
16.	R. R. Patil	Faculty	R. R. Patil
17.	N. D. Kamble	Other	N. D. Kamble
18.	Gihayal Spandan Babusao	Nanded	Gihayal
19.	Pedumal P. M.	Asst. Professor	Pedumal
20.	Sarkhane Pawan Girinid	Faculty	Sarkhane
21.	Masa Shri Saurav Rishi	Other	Masa
22.	Shrikh Totik. Rarik	N.A.S.P	Shrikh
23.	Talwar S. L	Faculty	Talwar
24.	Deshmukh S. M.	Asst. Teacher	Deshmukh
25.	Haggunde S. K.	Asst. Teacher	Haggunde
26.	Sankar Sankar Sankar	Lab. Att.	Sankar
27.	Purushottam J. Galkudal	Watchman	Purushottam
28.	Nazwade Shital Ganapt	Student	Shital

Sr.No	Name	Class	Sign
29.	Tanujavithal Gaikwad	Student	Tanuja
30.	Shenkar Sankar Sankar	Asst. Teacher	Shenkar
31.	Mangadkar R. D.	Asst. Teacher	Mangadkar
32.	Darmod N. D.	Asst. Teacher	Darmod
33.	More D. M.	Student	More
34.	Dhruv Nisha Balaji	Student B.Sc II	Dhruv
35.	Ghatge Bhagyashri	Student B.Sc II	Ghatge
36.	Chilimpre Sharmad	Student B.Sc III	Chilimpre
37.	Shinde R. B.	Asst. Teacher	Shinde
38.	Salage S. S.	Faculty	Salage
39.	Madhwal J. B.	Faculty	Madhwal
40.	Shinde G. A.	Lab. Att.	Shinde
41.	Rukutla S. N.	Lab. Att.	Rukutla
42.	Patole S. V.	Lab. Att.	Patole
43.	Bhosle C. M.	Cooking	Bhosle
44.	M. D. Ayse	Asst. Teacher	M. D. Ayse
45.	Skandole S. D.	Asst. Teacher	Skandole
46.	Ganesh B. Jadhav	Asst. Teacher	Ganesh
47.	Kothade S. D.	Lab. Att.	Kothade
48.	Velamwad S. T.	Student	Velamwad
49.	Kamble Smit D.	Student	Kamble
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Photographs



Inauguration of health check up camp by Shri. Udayrao Ji Nimbalkar Sir (Treasures, SSBES)



Health check up of chief guest and inaugurator by students of microbiology





Health checkup of Dr. Bhagwat Pastapure



Health checkup of Dr. R.B.Patil





Health Checkup of Mr. Prakash Hambarde (non-teaching staff)



Blood Sugar checkup of students





Blood Pressure checkup of students



Blood Pressure check up of students



उद्याचा
मराठवाडा

लोकमान्य टिळक हे कर्ते सुधारक : प्राचार्य डॉ.शेंदारकर



नवीन नांदेड (प्रतिनिधी) – स्वातंत्र्य मिळविण्यासाठी ज्या ज्या महामानवांनी आपले आयुष्य राष्ट्रासाठी अर्पित केले त्यात लोकमान्य टिळकांचे नाव अग्रक्रमाने घ्यावे लागते. ते फक्त बोलके समाजसुधारक नव्हते तर ते कर्ते सुधारक होते. हा आदर्श आपण सर्वांनी घ्यावा, असे प्रतिपादन संस्थेचे सहसचिव, प्राचार्य डॉ. रावसाहेब शेंदारकर यांनी केले.

श्री शारदा भवन एज्युकेशन सोसायटी संचालित ईंदिरा गांधी वरिष्ठ महाविद्यालय सिडको नांदेड येथे लोकमान्य टिळक यांच्या जयंतीनिमित्त प्रमुख अतिथी म्हणून ते बोलत होते. याप्रसंगी व्यासपीठावर संस्थेचे कोषाध्यक्ष अॅड. उदयराव निंबाळकर, महाविद्यालयाचे प्राचार्य डॉ. दुर्गेश रवंदे, इतिहास विभागप्रमुख डॉ. जी.एस. पाटील, डॉ. भागवत पस्तापुरे, डॉ. विशाल मस्के उपस्थित होते.

यावेळी अॅड. उदयराव निंबाळकर म्हणाले की, स्वराज्य माझा जन्मसिद्ध हक्क आहे आणि तो मी मिळविणारच हे घोषवाक्य लोकमान्य टिळकांनी लोकप्रिय केले. तुरुंगात असताना त्यांनी लिहिलेला 'गीतारहस्य' हा ग्रंथ आपणास प्रेरणादायी आहे, असे ते यावेळी म्हणाले.

याच कार्यक्रमात महाविद्यालयाची माजी विद्यार्थिनी ज्योती पाटणकर हिची महसूल सहाय्यकपदी निवड झाल्याबद्दल मान्यवरांच्या हस्ते सत्कार करण्यात आला. लोकमान्य टिळक यांच्या जयंतीनिमित्त सूक्ष्मजीवशास्त्र विभागाच्या (प्रा. अनिरुद्ध अपस्तंभ) वतीने आरोग्य तपासणी शिबिर आयोजित करण्यात आले होते. कार्यक्रमाचे सूत्रसंचालन डॉ. विशाल मस्के व डॉ. केदार सोळुंके यांनी केले. कार्यक्रमास महाविद्यालयातील सर्व शिक्षक व शिक्षकेतर कर्मचारी आणि विद्यार्थी उपस्थित होते.

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Jul 24, 2025 Page No. 3

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